

How I Spend My Energy

What are two recent examples where I spent \$10 of time on a 10 cent problem?

The first example that pops into mind is the report I am going to submit Wednesday morning for my IST 220 class. We had to analyze an office's computer network. Most reports in the class are 10 to 20 pages. With appendices, mine is 121 pages. I put a lot more time into the project than most others, but I am very proud of my results.

Second, I've spent way too much time trying to help other groups in my Database Design course. I did my part, and it works. Now everyone is asking for my help. I am a good natured person, so I help them. Sometimes a little too much. I am putting a lot more time into helping other on small tasks to make sure they understand it than I am helping myself at times.

Name two recent situations where I felt I underspent, given inefficient attention (energy) to a big problem.

I have a Geography presentation to give Wednesday afternoon that will count for 30 to 40% of my overall grade. Although it was assigned the first day of class, I barely worked on it all semester until last Monday, when I worked on it for 5 hours. Since then I have not touched it. I need to spend Tuesday night frantically preparing now to make sure the presentation the next day goes smoothly.

College tuition is expensive, and scholarships really help. I keep promising my parents I will look for scholarships and sent out applications, etc, but I have not spend adequate time or energy applying myself to searches. I really have to stop putting it off and start spending some time looking for scholarships.

In the general scheme of life, am I typically an Aoverspender@ or an Aunderspender@ or do I spend the correct amount of energy on each situation as it arises?

At times I overspend, but other times I underspend. I think I tend to overspend on the projects that truly interest me and underspend on the boring ones that I consider nothing more than busy work. But in the overall scheme of my life, time management, and to an extent, energy management, has been something that I am very good at balancing. Normally I schedule the right amount of time I need to do a project and spend what I feel is the right amount of energy doing it.